



Minimally Invasive Weight Loss Surgery

Bariatric Institute of Wisconsin

ASMBS Bariatric Surgery Center of Excellence

2010 Pre and Post Op Support Group Meetings

Elmbrook Hospital - Auditorium

Wednesdays 6:30 – 8:30 PM

DATE	TOPIC
Jan 13	Kickoff the New Year
Feb 10	Exercising in Winter
Mar 10	Portion Distortion
Apr 7	BIW Makeover
May 12	Addiction Transfer
June 9	Exercise Options
July 7	Relapse Prevention
Aug 11	Plastic Surgery Options
Sept 8	Ask the Experts – Patient Panel
Oct 13	Protein First – The Basics
Nov 10	How to Develop Social Relationships
Dec 8	Holiday Party

Clothing Exchange March, June, September and December.

Please call Jaime or Kris with donations and questions at 262-522-8300

**Contact Megan O'Driscoll, RN, CBN
if you have any questions.**

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**Center of
Excellence**

BARIATRIC SURGERY