



Minimally Invasive Weight Loss Surgery

Bariatric Institute of Wisconsin

ASMBS Bariatric Surgery Center of Excellence

2012 Pre and Post Op Support Group Meetings

Elmbrook Hospital - Auditorium

Wednesdays 6:30 – 8:30 PM

DATE	TOPIC
Jan 11	Motivated to Move
Feb 8	Plastic Surgery Options
Mar 14	Long Term Success Strategies
April 11	Quick and Easy Recipe Taste Testing
May 9	Addiction Transfer
June 13	Ask the Experts Patient Panel
July 11	Relapse Prevention
Aug 8	Making a Choice to Make a Change
Sept 12	Beginning & Advancing Exercise
Oct 10	Basics for Success
Nov 7	Surviving the Holidays
Dec 12	Holiday Party

Clothing Exchange March, June, September and December.

Please call Jaime or Kris with donations and questions at 262-522-8300

**Contact Megan O'Driscoll, RN, CBN
if you have any questions.**

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**Center of
Excellence**

BARIATRIC SURGERY